# CSA 2019 Shareholder Options



#### Half Share:

6-10 items per delivery

Enough produce for up to two veggie loving adults

#### Full Share:

8-12 items per delivery

Enough produce for up to four veggie loving adults

### 10 Week Delivery:

Half Share: \$275 Full Share: \$450

15 Week Delivery:

Half Share: \$400

Full Share: \$650





### **Arlington Crest Farms**

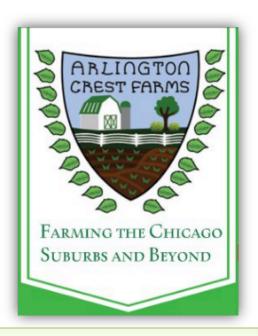
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## Arlington Crest Farms

**CSA Program** 



## Deliveries available

- Palatine
- Barrington
- Chicago



#### WHAT IS A CSA?

CSA, or Community Supported
Agriculture, is a seasonal program that
supplies local subscribers with food
grown by local growers. AC Farms CSA
members will receive bi-weekly shares of
seasonal fruits, vegetables, and herbs.
They also will receive e-newsletters that
include farm updates, corresponding
recipe ideas, and access to farm, garden,
and culinary DIY info. The season begins
in June and ends in October.

Now in the 4<sup>th</sup> CSA season, AC Farms offers its members over 50 kinds of sustainably grown produce. Always abiding by USDA Organic standards, we are working towards certification. Our focus is to grow and provide high quality produce while practicing regenerative and responsible farming techniques with limited outside inputs.

The CSA format is how AC Farms was founded. The investments over the past 3 seasons have stimulated growth in this local farming business that now has the capability to provide CSA shares to over 50 members! Invest in your local farmer by purchasing food close to home. Think global, act local.

#### **ABOUT THE PRODUCE**

At AC Farms, we rely on sustainable farming techniques such as companion planting, crop rotation, and composting to grow your products. Items are delivered when seasonally available to the Midwest and no two deliveries are the same! The following is a list of crops intended to be harvested for the 2017 season.

#### **Vegetables**

Arugula, Asian Greens, Beans, Beets, Broccoli, Cabbage, Carrots, Collards, Eggplant, Gourds, Horseradish, Kale, Kohlrabi, Leeks, Lettuce, Melons, Okra, Onions, Peas, Peppers, Potatoes, Radishes, Shallots, Spinach, Squash, Swiss Chard, Tomatoes, Turnips.

#### Herbs

Basil, Borage, Calendula, Chamomile, Chives, Cilantro, Dandelion, Dill, Fennel, Feverfew, Lavender, Lemon Balm, Lemon Grass Mint, Oregano, Rosemary Sage, Tarragon, Thyme.

#### Fruit

Ground Cherries, Strawberries, Raspberries.





#### MEET YOUR LOCAL FARMER

Palatine, IL native Dan Pilguy is the owner and operator of Arlington Crest Farms. In 2012 he embarked on his farming career by co-founding a start-up of business in rural Iowa with a college classmate. They combined their passion to grow fresh organic produce.

In 2014 Farmer Dan established himself a Community Supported Agriculture base back home in Palatine. With his determination and passion to provide food in the Chicago suburbs, Dan decided to take a leap of faith and transition himself as an Illinois farmer.

Over the course of two years, farmer Dan, alongside the help and support of his family, friends, and neighbors, developed what is now a 1/2 acre suburban farm. By 2016 Arlington Crest Farms was officially founded with the support of 35 CSA members. He now operates full time in Illinois along with additional land for more crops provided by neighbors. AC Farms also works with Turtle Creek Farm as a produce wholesaler.